

God's Plan – Moses & Jethro "Everyone Can Help"

OPENING:

- Every day we are faced with challenging or difficult situations. Some may be easy to resolve. Others, can feel like you're carrying a giant weight and cannot even move. Your circumstances may seem heavy and overwhelming.
- But as we have been learning through the lives of Isaac, Joseph, Jacob and now Moses - God is always faithful and will carry us through.

Today we are going to talk about helping others and how even Moses needed help leading the Israelites.

- **It is important to share with others how God has Blessed Us**
- **Step up and help when you can.**
- **Remember God's Rules for a Good Life**

Last time we learned that even though God had saved the Israelites from slavery in Egypt, they soon forgot and started complaining again about no water, no food and had to experience another miracle to remind them just how Faithful God has been and will continue to be.

Read: "Armed Battle", "Good Advice" and "God's Commandments" in the Action Bible.

- Once again, God protected the Israelites and led them to victory in battle. Moses must have been so tired though. Holding that staff up for so long. He finally accepted some help. Sometimes we need to remember we can't do everything on our own and it's ok to get help.

When the battle was over, they headed to Mt. Sinai where Moses met up with his family and shared all that God had been doing for them with his father-in-law Jethro.

- It's important for us to share how God is working in our lives with others. Why?

What did Jethro think about God after hearing about all the miracles?

- He was pleased that Moses (through God) was able to help and save the Israelites. He was delighted to hear about all the good things the Lord had done. He praised God and offered sacrifices to honor him. Do you think Jethro was already a believer and follower of God? Or did these stories change him and make him a believer?

Sometimes we KNOW where someone's heart is with God. Othertimes we do not. But when we share our testimony of how God has worked in our lives or has answered prayer it could help someone re-think what they believe or even encourage them and bring them back to God if they are going through a rough time.

Everyone's testimony is important. God is working in your live so that you have a testimony to share with others.

- What are some of the things God has done in your life?

Jethro Loved hearing about their adventures through the wilderness and all that God had done, but he was concerned about Moses too. Why?

- Moses was doing all the work and taking care of all the people's needs while they just stood around all day waiting to see him. It was just too much for one person! When did he even have time to rest?
- Jethro was worried Moses would wear himself out.

What do you think Jethro meant by this?

- Why is it important to rest?
- We need to remember, when serving or helping others as a leader we cannot always be giving out – we need time to take in. It's like a car. You fill it up with gas, drive all over to go places, run errands, visit people, but if you don't STOP and put more gas in the car, eventually it is going to be empty and stop. Then you are stranded.
- Same with people – if you are always giving, taking care of others and don't take the time to fill yourself back up, you are going to "run out of gas" and have nothing left to offer.

Jethro told Moses he needed to “delegate”. That means to give some of his easier tasks to other people to lighten his load and give him more time to be with the Lord and learn what God wanted him to teach the people.

This would also help the people grow in their knowledge of God by helping.

Moses had a lot of responsibilities. He was the leader of the Israelites and he was in charge of everything. In fact, the Bible says that every day from morning till night, Moses would listen to the fights people were having with each other and then he would give his ruling based on God’s laws. This was exhausting for Moses and Jethro could see that. So, Jethro gave Moses some really good advice. He told Moses to find some smart guys who loved God to be like his helpers. Instead of Moses having to deal with every issue, these guys could deal with some of the smaller problems so Moses could be freed to deal with the bigger stuff. Moses loved that idea. It was exactly what he needed to hear. This is a great lesson for us, too. We don’t need to do everything on our own. We should ask for help and we should look for ways to help others, too. That way, we won’t get stressed out!

Lastly, once Moses “delegated” some of his tasks, this gave him time to go the mountain and spend some extra time with God. God then gave him the 10 Commandments to give to the Israelites. These Commandments would be just the next step in teaching the people the right way to live. To treat others fairly, teach others and be more like Jesus.

So, let’s think. What are some things you can do here at church, or even at home or school to help others who are taking care of you?

Review the 10 Commandments:

1. Put God first
2. No fake gods
3. Respect God’s name
4. Respect God’s day of rest
5. Respect your parents
6. Do not kill people
7. Respect marriage
8. Do not steal
9. Do not lie
10. Do not be jealous

Prayer:

Dear God,

We want to always trust and obey you. Help us to remember what You have done for us in the past and to trust you in times of trouble.

Memory Verse:

But you must honor the Lord. You must always serve him with all your heart. Remember the wonderful things he did for you! 1 Samuel 12:24

Watch Video Stories:

<https://youtu.be/eOyyq4dK-7I>

Jethro's Advice to Moses by PursueGod Kids

<https://www.youtube.com/watch?v=mtSQqmF8Zaw&list=PLjuRHkK1UDY2Py8x37jjL4sd-f2xV77&index=34>

Jethro Helps Moses by Harbor Kids

<https://app.pureflix.com/videos/407181862717/veggietales-moe-and-the-big-exit>

– Moe & The Big Exit

Crafts: Blessings Chain

Make a - testimony/blessings chain out of construction paper.



Feel free to take a picture of their art work or share how your activity went! Post it on our Facebook page or share it on GroupMe. Have a Blessed Day & Week! Until we can meet again

~ *Teacher Chrissy*

Thank you to <https://www.sundayschoolbiblelessonsforkids.com>
for their lesson and craft ideas

The 10 Commandments



Exodus 20:1-17

God Gave Moses His Laws

Word Search

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.



C	T	N	C	O	V	E	N	A	N	T	M
T	O	O	S	I	N	A	I	A	M	V	O
L	A	M	Q	U	O	N	S	E	F	T	U
T	U	E	M	O	L	O	E	L	A	Q	N
E	R	I	T	A	E	G	Y	P	T	V	T
N	M	O	R	E	N	R	S	I	H	E	A
H	O	N	O	R	E	D	T	A	E	V	I
L	T	S	I	T	N	A	M	A	R	N	N
U	H	S	T	E	A	L	U	E	R	I	T
L	E	T	A	B	L	E	T	S	N	T	E
N	R	L	L	A	M	S	E	Q	U	T	R
S	A	B	B	A	T	H	J	O	H	A	S

COMMANDMENTS
COVENANT
EGYPT
FATHER

HONOR
MOTHER
MOUNTAIN
SABBATH

SINAI
STEAL
TABLETS
TEN